

Congressman
RAÚL M. GRIJALVA

Proudly Serving the People of Arizona's 3rd Congressional District

COVID-19 Resource Guide

<p>Arizona Department of Health & Human Services</p>	<p>A COVID-19 hotline to answer questions from the public and healthcare providers about testing, symptoms, and any other questions about the virus has been set up - Call 2-1-1, (520) 626-6016 (Pima County) or 1-844-542-8201 (State) to reach a health care professional.</p> <p>Visit https://arizonatogether.org/ - Resources for AZ Residents.</p> <p>COVID-19 Testing Locations</p> <p>Requirements for Gyms & Fitness Centers</p> <p>Free Masks for Vulnerable Populations Mask Ordering FAQs</p> <p>State of Arizona Businesses Restaurants & Bars Requirements</p> <p>More... https://www.azdhs.gov/index.php</p>
<p>Arizona HOUSING</p>	<p>State of Arizona Executive Order extending a moratorium on residential evictions until October 31, 2020</p> <p>Mortgage Help For Homeowners Impacted By The Coronavirus</p>

<p>Housing & Urban Development</p> <p>Bank of America</p>	<p>Maricopa County: COVID Crisis Rental Assistance</p> <p>Pima County: https://housing.az.gov/general-public/rental-assistance-resources-eviction-prevention/pima-county</p> <p>Santa Cruz County: https://www.seacapaz.com/home.html and https://www.cplc.org/housing/housing-client.php</p> <p>Yuma County: https://www.yumaaz.gov/article/city-news/emergency-rental-aid-program-now-open</p> <p>FHA-Approved Mortgagees' Loss Mitigation Home Retention Options for Assisting Borrowers, visit https://www.hud.gov/sites/dfiles/Main/documents/LossMitigation-Guidance-Single-Family-Stakeholders-March2019.pdf, https://www.hud.gov/coronavirus and (602) 379-7100.</p> <ul style="list-style-type: none"> * Consumer and Small Business deposit accounts: clients can request refunds including overdraft fees, non-sufficient funds fees, and monthly maintenance fees. * Consumer and Small Business credit cards: clients can request to defer payments, refunds on late fees. * Small business loans: clients can request to defer payments, refunds on late fees. * Auto loans: clients can request to defer payments, with payments added to the end of the loan. * Mortgages and home equity: clients can request to defer payments, with payments added to the end of the loan. * In all of these instances, there will be no negative credit bureau reporting for up-to-date clients. * We have also paused foreclosure sales, evictions and repossessions. <p>https://www.bofaml.com/en-us/content/managing-through-coronavirus-impact.html</p>
<p>Arizona Schools</p>	<p>Arizona Department Of Health Services Releases School Benchmarks</p> <ul style="list-style-type: none"> • Cases: a two-week decline in weekly average cases OR two weeks below 100 cases per 100,000 population • Diagnostic test percent positivity: two weeks with positivity below 7% • COVID-19-Like-Illness Syndromic Surveillance: two weeks with less than 10% of hospital visits due to COVID-like illness <p>A dashboard available at http://azhealth.gov/schoolsCOVID19 indicates whether counties meet the recommended benchmarks for initial reopening of in-person learning in schools.</p> <p>TUCSON DISTRICTS</p> <p>Amphitheater School District - https://www.amphi.com/Domain/4846</p>

Online Learning

Flowing Wells Unified School District – <http://flowingwellsschools.org/cms/One.aspx?portalId=83763&pageId=7779939>
Marana Unified School Districts - <https://www.maranausd.org/Page/1>
Sunnyside School District - <https://remoteteaching.blogs.susd12.org/remoteteaching/>
Tucson Unified School District - <http://www.tusd1.org/> and <http://www.tusd1.org/NextSteps2020/Families>

Yuma County School Districts

Yuma Elementary School District 1: <https://www.yuma.org/News#returntolearningguide>
Yuma Crane District #13: <http://www.craneschools.org/DistanceLearningPlan2020-2021.aspx>
Yuma Union High School District: <https://www.yumaunion.org/Page/3170>
Somerton School District #11: <https://www.ssd11.org/back-to-school--35>
Gadsden School District #32: https://www.gesd32.org/apps/pages/index.jsp?uREC_ID=1531734&type=d&pREC_ID=1986725

WEST VALLEY

Avondale Elementary School District #44: <http://www.avondale.k12.az.us/updates>

- Online Learning: <https://www.chooseaesd.org/Page/610>
- Remote Learning Meals: <https://www.chooseaesd.org/Page/643>

Buckeye Elementary School District #33:

- Online Learning: <https://sites.google.com/besd33.org/besd-v/home>
- Meal Service: <https://sites.google.com/besd33.org/besd-v/food-service-breakfast-lunch>

Liberty Elementary School District

- Online Learning: <http://liberty25.org/cms/One.aspx?portalId=55219&pageId=49924164>

Littleton Elementary School District

- Online Learning: <https://www.littletonaz.org/COVID-19-Updates>

Pendergast Elementary School District: http://www.pesd92.org/COVID_19_Food_Services.html

- Online Learning:
http://www.pesd92.org/districtnews/2020_21/news/SafePlace_Distance%20Learning_Letter%20ENG.pdf
- Remote Learning Meals:
http://www.pesd92.org/districtnews/2020_21/news/Meal%20Service%20Times%20and%20Rules_2020.pdf

Agua Fria Union High School District

- Online Learning:
<https://www.aguafria.org/site/default.aspx?PageType=3&DomainID=4&ModuleInstanceID=14&ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&RenderLoc=0&FlexDataID=15144&PageID=1>
- Remote Learning Meals: <https://www.aguafria.org/Page/6752>

	<p>Tolleson Union High School District</p> <ul style="list-style-type: none"> • Online Learning: https://www.tuhsd.org/Safe-Return-to-School • Meals: https://tuhsdmealrequest.tuhsd.org/ <p>Buckeye Union High School District</p> <ul style="list-style-type: none"> • Online Learning: https://www.buckeyeusd.org/cms/lib/CA02209466/Centricity/Domain/4/Special%20Board%20Meeting%20Approved%20Recommendations%207.31.2020.pdf • Remote Learning Meals: https://www.buckeyeusd.org/cms/lib/CA02209466/Centricity/Domain/4/Food%20Service%20Ltr%203.16.20.pdf <p>YUMA County (Meals)</p> <p>Yuma School District One: https://www.schoolnutritionandfitness.com/index.php?sid=1804082216548906</p> <p>Yuma Crane District #13: http://www.craneschools.org/SchoolNutrition.aspx</p> <p>Yuma Union High School District: https://www.yumaunion.org/Page/3140</p> <p>Somerton School District: www.ssd11.org</p> <p>Gadsden Elementary School District: www.gesd32.org</p> <p>NOGALES & RIO RICO Schools (Meals)</p> <p>Nogales Unified School District: https://www.nusd.k12.az.us/</p> <p>Santa Cruz Valley Unified School District: http://www.scv35.org/</p> <p>Colleges and Universities:</p> <ul style="list-style-type: none"> - Arizona State University - https://eoss.asu.edu/health/announcements/coronavirus. - Arizona Western College – https://www.azwestern.edu/about/news/awc-temporarily-shift-person-online-classes - Estrella Community College - https://www.estrellamountain.edu/ - Grand Canyon University - https://www.gcu.edu/coronavirus-disease-2019-information - Norther Arizona University - https://nau.edu/coronavirus/ - Pima Community College - https://www.pima.edu/press-room/coronavirus/index.html - University of Arizona - https://www.arizona.edu/coronavirus-covid-19-information.
<p>Arizona U.S. District Court</p>	<p>1. All civil and criminal jury trials scheduled to commence on or before April 10, 2020, are continued pending further order of the Court. The Court may issue other orders concerning future continuances as necessary and appropriate. Trials that have already begun shall be completed.</p>

<p>Phoenix Division: (602) 322- 7200</p> <p>Tucson Division: (520) 205- 4200</p> <p>AZ Supreme Court</p>	<ol style="list-style-type: none"> 2. All trial-specific deadlines in criminal cases scheduled to begin before April 10, 2020, are continued pending further order of the Court. Individual judges may continue trial-specific deadlines in civil cases at their discretion. 3. Individual judges presiding over criminal proceedings may take such actions consistent with this order as may be lawful and appropriate to ensure the fairness of the proceedings and preserve the rights of the parties. 4. Due to the Court’s reduced ability to obtain an adequate spectrum of jurors and the effect of the public health recommendations on the availability of counsel and Court staff to be present in the courtroom, the time period of the continuances implemented by this General Order will be excluded under the Speedy Trial Act. The Court specifically finds that the ends of justice served by ordering the continuances outweigh the best interests of the public and any defendant’s right to a speedy trial, pursuant to 18 U.S.C. §3161(h)(7)(A). Any motion by a criminal defendant seeking an exception to this order in order to exercise that right should be directed to the District Judge assigned to the matter. Absent further order of the Court, the period of the exclusion shall be from March 16, 2020, through April 10, 2020. 5. Individual judges may continue to hold hearings, conferences, and bench trials in the exercise of their discretion, consistent with this order. 6. All non-case related activities scheduled in the Sandra Day O’Connor U.S. Courthouse in Phoenix, Evo A. DeConcini Courthouse in Tucson, and the John M. Roll Courthouse in Yuma, are canceled until further notice. This includes naturalization ceremonies, attorney admission ceremonies, mock trials, CLE events, school tours, and all other non-case related gatherings. 7. The Clerk’s Office, U.S. Probation, U.S. Pretrial Services and all other Court services shall remain open pending further order of the Court. <p>http://www.azd.uscourts.gov/sites/default/files/general-orders/20-10.pdf</p> <p>https://www.azcourts.gov/covid19/</p>
<p>City and County Updates</p>	<p>City of Avondale - https://www.avondaleaz.gov/our-city/covid-19-response</p> <p>City of Nogales – www.COVID19.nogalesaz.gov</p> <p>City of Tucson - https://www.tucsonaz.gov/manager/covid-19-updates</p> <p>City of Phoenix - https://www.phoenix.gov/newsroom/em-and-hs/1038</p> <p>City of San Luis - www.cityofsanluis.org</p> <p>City of Somerton - https://www.somertonaz.gov/</p> <p>City of Yuma - https://www.yumacountyaz.gov/government/health-district/divisions/emergency-preparedness-program/coronavirus-2019-covid-19-yuma-county-updates-3651</p> <p>City of Goodyear - https://www.goodyearaz.gov/residents/coronavirus-info</p>

City of Buckeye - <https://www.buckeyeaz.gov/residents/fire-medical-rescue-department/divisions/preparedness-division/coronavirus-disease-19>

City of Tolleson - <https://www.tollesonaz.org/617/COVID-19-Updates>

Town of Gila Bend - <https://www.gilabendaz.org/370/Gila-Bend-COVID-19>

Maricopa County - <https://www.maricopa.gov/5460/Coronavirus-Disease-2019>

Pima County – <https://webcms.pima.gov/cms/One.aspx?portalId=169&pageId=527452>

Pima County Treasurer’s office plans to limit in-person office visits to appointments only. This will take effect Monday, March 23. Pima County Treasurer Beth Ford encourages customers to make their tax payments online, by mail or through their bank’s on-line bill pay systems. Customers who still need to come to the Treasurer’s Office in-person should call 520-724-8351 to make an appointment. Online payment and other information is available on the Treasurer’s website at <https://www.to.pima.gov/>

Yuma County Office Operations:

Adult Probation – The office is open. Please call for an appointment or services at (928) 329-2210.

Assessor’s Office – The office is open with no public access. Please call for an appointment or service by phone at (928) 373-6040 or email at assr_info@yumacountyaz.gov.

Constable #1 – The office is open. Please call for information at (928) 817-4200.

Constable #2 – The office is open. Please call for information at (928) 314-5100.

County Administrator – The office is open. Please call for information at (928) 373-1010.

County Attorney – The office is open but physical access by the public is strictly limited to only those whose in-person attendance is essential at the time for the operation and function of the office. Please call for information at (928) 817-4300.

Courts – The Courts are open in limited capacity. Please call for information at (928) 817-4083.

Development Services – The office is open. Please call for information at (928) 817-5000.

Elections – The office is open with no public access. Please call for an appointment or service by phone at (928) 373-6034.

Emergency Management – The office is open. Please call for information at (928) 317-4681.

Facilities Management – The office is open. Please call for information at (928) 817-5100 or email at Facilities@yumacountyaz.gov.

Financial Services – The office is open. Please call for information at (928) 373-1012 or email us at Finance@yumacountyaz.gov for general financial related inquiries; or Payroll.Services@yumacountyaz.gov for payroll related inquiries only.

Housing – The office is open. Please call for an appointment or information at (928) 304-7333.

Human Resources – The office is open. Please call for information at (928) 373-1013.

Information Technology Services – The office is open with no public access. Please call for information at (928) 373-1000.

	<p>Juvenile Justice Center – The office is open with limited access based on business need. Please call for an appointment or services at (928) 314-1900.</p> <p>Legal Defender – The office is open. Please call for an appointment or information at (928) 817-4650.</p> <p>Libraries - The facilities are closed. Please call for information at (928) 782-1871 or visit the website at https://yumalibrary.org.</p> <p>Public Defender – The office is open. Please call for an appointment or information at (928) 817-4600.</p> <p>Public Fiduciary – The office is open. Please call for an appointment or services at (928) 373-1145.</p> <p>Public Health – The office is open. Please call for an appointment or services at (928) 317-4550. To report a communicable disease, including COVID-19, please call (928) 317-4624.</p> <p>Public Works – The office is open. Please call for information at (928) 341-2500.</p> <p>Recorder’s Office – The office is open with no public access. Please call for an appointment or service by phone at (928) 373-6020. The manner in which the office is handling appointments and in-person business is limited and controlled.</p> <p>School Superintendent – The office is open. Please call for information at (928) 373-1006.</p> <p>Sheriff - The office remains a 24/7 operation in all divisions (patrol services, 911 dispatch, county jail, civil). Please call for information at (928) 783-4427.</p> <p>Solid Waste Transfer Facilities – The solid waste transfer facilities are open with normal operating days and hours. Measures will be taken to ensure social distancing between customers and employees. Please see our website for more information at https://www.yumacountyaz.gov or by calling (928) 341-2500.</p> <p>Treasurer’s Office – The office is open with no public access. Please call for an appointment or service by phone at (928) 539-7781 or email at Treasurer.Office@yumacountyaz.gov.</p>
<p>Community Food Banks</p>	<p>All open. Find a food bank near you, visit here or call (800) 445-1914.</p> <p>Interfaith Community Services - https://www.icstucson.org/what-we-do/emergency-assistance/food-bank/</p> <p>West Valley:</p> <ul style="list-style-type: none"> • Agua Fria Food & Clothing Bank: http://www.azfoodbanks.org/index.php/foodbank/article/agua_fria_food_bank • Christ Evangelical Lutheran Church: http://www.azfoodbanks.org/index.php/foodbank/article/christ_evangelical_lutheran_church • Harvest Compassion Center – Maryvale: http://www.azfoodbanks.org/index.php/foodbank/article/harvest_compassion_center_maryvale • Tolleson Food Bank: http://www.azfoodbanks.org/index.php/foodbank/article/tolleson_food_bank

<p>Community Information and Referral</p>	<p>For assistance with Food, Rent, or Utilities Contact: Dial 2-1-1 within Arizona or visit www.cirs.org</p> <p>RENT ASSISTANCE:</p> <ul style="list-style-type: none"> • West Valley: <ul style="list-style-type: none"> ○ Avondale Care1st Housing & Resource Center: https://www.avondaleaz.gov/government/departments/neighborhood-family-services/family-services/community-action-program <ul style="list-style-type: none"> - To request assistance please call 623.333.2703 ○ Lutheran Social Services of the Southwest: Please call 480-654-4539 for assistance ○ Maricopa County: https://www.maricopa.gov/5583/COVID-Crisis-Rental-Assistance ○ Salvation Army Family Services: Please call 602.267.4127 to leave contact information
<p>Federal Agencies</p>	<p>Department of Education- If you have student loan debt, repayment relief through December 31, 2020.</p> <p>Immigration & Customs Enforcement (ICE) - During the COVID-19 crisis, ICE will not carry out enforcement operations at or near health care facilities, such as hospitals, doctors’ offices, accredited health clinics, and emergent or urgent care facilities, except in the most extraordinary of circumstances,” https://www.ice.gov/covid19#wcm-survey-target-id</p> <p>Internal Revenue Service (IRS) -</p> <ul style="list-style-type: none"> ▪ IR-2020-57, Treasury, IRS and Labor announce plan to implement Coronavirus-related paid leave for workers and tax credits for small and midsize businesses to swiftly recover the cost of providing Coronavirus-related leave ▪ Treasury News Release: Treasury and IRS Issue Guidance on Deferring Tax Payments Due to COVID-19 Outbreak ▪ IR-2020-54, IRS: High-deductible health plans can cover coronavirus costs <p>The IRS has established a special section focused on steps to help taxpayers, businesses and others affected by the coronavirus.</p> <p>Economic Impact Payment – Check Payment Status here</p> <p>MEDICARE has temporarily expanded its coverage of telehealth services to respond to COVID-19.</p>

Medicare beneficiaries can temporarily use telehealth services for common office visits, mental health counseling and preventive health screenings. This will help ensure Medicare beneficiaries are able to visit with their doctor from their home, without having to go to a doctor's office or hospital, which puts themselves and others at risk.

- If you have an existing healthcare appointment, or think you need to see your doctor, please call them first to see if your appointment can be conducted over a smartphone with video capability or any device using video technology, like a tablet or a laptop. For some appointments, a simple check-in over the phone without video capabilities may suffice.

National Park Service to Temporarily Suspend Park Entrance Fees, more [here](#).

Small Business Administration (SBA) – The SBA will work directly with state Governors to provide targeted, low-interest loans to small businesses and non-profits that have been severely impacted by the Coronavirus (COVID-19). The SBA's Economic Injury Disaster Loan program provides small businesses with working capital loans of up to \$2 million that can provide vital economic support to small businesses to help overcome the temporary loss of revenue they are experiencing. SBA disaster assistance customer service center, visit <https://www.sba.gov/disaster-assistance/coronavirus-covid-19>, call 1-800-659-2955 or e-mail disastercustomerservice@sba.gov.

- PIMA COMMUNITY COLLEGE OFFERS HELP WITH SMALL BUSINESS LOAN APPLICATIONS - Small businesses affected by the COVID-19 coronavirus can apply online for a low-interest federal disaster loan from the U.S. Small Business Administration (SBA). The Pima Community College Small Business Development Center (SBDC) is offering free help to complete the loan application. For assistance, call (520) 206-4580 and leave a voicemail. A consultant will respond to your message. You can also call SBA's Customer Service Center at (800) 659-2955, or email disastercustomerservice@sba.gov for more details. Individuals who are deaf or hearing impaired should call (800) 877-8339. Follow the link below for more information and a link to the application.

Social Security Administration (SSA) and Office of Hearings Operations – All local Social Security offices will be closed to the public for in-person service starting Tuesday, March 17, 2020. This decision protects the population we serve—older Americans and people with underlying medical conditions—and our employees during the Coronavirus (COVID-19) pandemic. However, we are still able to provide critical services. For updates, www.ssa.gov. Office of Hearings Operations – Until further notice, hearings are being conducted telephonically.

US Citizenship & Immigration Services (USCIS) –Beginning June 4, 2020, certain USCIS field offices and asylum offices will resume non-emergency face-to-face services to the public. Application support centers will resume services later. USCIS has enacted precautions to prevent the spread of COVID-19 in reopened facilities: For details, visit [here](#).

US Consulates & Embassies (DOS) –

- The health and safety of those who work at and visit our embassy and consulate facilities is our highest priority. In response to the global pandemic COVID-19, and in line with the Mexican government's call to increase social distancing, the U.S. Embassy in Mexico City and all U.S. consulates in Mexico will suspend routine immigrant and nonimmigrant visa services starting March 18, 2020, and until further notice. The U.S. Embassy and consulates will continue to provide essential consular services to U.S. citizens as well as emergency visa services. For updates, visit <https://mx.usembassy.gov/status-of-u-s-consular-operations-in-mexico-in-light-of-covid-19/>
- VISA Suspensions - <https://www.whitehouse.gov/presidential-actions/proclamation-suspending-entry-aliens-present-risk-u-s-labor-market-following-coronavirus-outbreak/>

US Passport Services –

- Due to public health measures to limit the spread of COVID-19, effective March 20, 2020, we are only able to offer service for customers with a qualified life-or-death emergency and who need a passport for immediate international travel within 72 hours.
- [Life-or-death emergencies](#) are serious illnesses, injuries, or deaths in your immediate family (e.g. parent, child, spouse, sibling, aunt, uncle, etc.) that require you to travel outside the United States **within 72 hours (3 days)**. You must provide:
 - A [passport application with supporting documents](#)
 - Proof of the life-or-death emergency such as a death certificate, a statement from a mortuary, or a signed letter from a hospital or medical professional. Documents must be translated or in English.
 - Proof of international travel (e.g. reservation, ticket, itinerary)
- To make an appointment at a passport agency or center for a life-or-death emergency, you must call our National Passport Information Center at [1-877-487-2778](tel:1-877-487-2778) ([1-888-874-7793](tel:1-888-874-7793) TDD/TTY) on Monday- Friday, 8:00am to 5:00pm Eastern Time, except federal holidays or on Saturdays, 10:00 am to 3:00 pm Eastern Time. Call [202-647-4000](tel:202-647-4000) outside of these hours to make an appointment.
- If you applied and requested expedited service on or before March 19, 2020, we will honor our commitment of 2-3 weeks door-to-door for expedited service. If you applied in-person at a [passport agency or center](#) on or before March 19, 2020, the passport agency or center will contact you and ask if you want to pick-up your passport in person or have it mailed to you.
- Customers in Puerto Rico should be aware that our [San Juan Passport Agency](#) is closed to the public until at least March 30, 2020.
- Due to public health measures to prevent the spread of COVID-19, some passport application acceptance facilities, which include libraries, clerks of court, and post offices may not be accepting U.S. passport applications at this time. If

	<p>you need to apply in person for your U.S. passport, please contact the facility directly to confirm if they are accepting applications.</p> <ul style="list-style-type: none"> • If you are applying for or renewing a U.S. passport on or after March 20, 2020, we will not offer expedited service and routine service may be delayed. <p>ALL OTHERS: https://www.usa.gov/coronavirus</p>
Domestic Violence	Call 911, your local hotline at 1-888-428-0101, or the U.S. National Domestic Violence Hotline at 1-800-799-7233
Homeless Shelter Assistance	Visit https://housing.az.gov/general-public/homeless-assistance or call (602) 771-1000.
Housing Evictions	<p>Pima County Constable’s Office will not be conducting evictions until further notice. https://webcms.pima.gov/government/constables/</p> <p>Maricopa, Pima and Yuma County as well as City of Phoenix and City of Tucson - Halt all evictions until further notice. All offices are closed to the public at this time.</p> <p>The Federal Housing Administration (FHA) published Mortgagee Letter 2020-04, “Foreclosure and Eviction Moratorium in Connection with the Presidentially-Declared COVID-19 National Emergency,” which announces an immediate foreclosure and eviction moratorium for all FHA-insured single-family mortgages for a 60-day period. Read Press Release from the U.S. Department of Housing and Urban Development (HUD) on the subject.</p> <p>The Secretary of HUD authorized these moratoriums as a result of the national emergency declared by the President of the United States. They are part of a broader federal government effort to address impacts to the financial well-being of individuals, families, and businesses, and to ensure families are not displaced during this critical period.</p> <p>Updates to Single Family’s COVID-19 Q&A Available: FHA has developed and is maintaining a Q&A document to provide stakeholders with the latest information about FHA’s response to the Presidentially declared COVID-19 national emergency. An updated version of the FHA Single Family COVID-19 Q&A is now posted.</p> <ul style="list-style-type: none"> • View Mortgagee Letter 2020-04 • Access the HUD Press Room • View FHA COVID-19 Q&A

	<p>Please direct all COVID-19 housing counseling questions to: housing.counseling@hud.gov or to your housing counseling agency's HUD Point of Contact (POC).</p>
<p>Resources for Older Adults & their families</p>	<p>Pima Council on Aging -</p> <p>Currently, PCOA requests you call to make an appointment before going to their office. Please call PCOA's Helpline at 520-790-7262 to speak with a member of their staff about how they can assist you. For updates, visit https://www.pcoa.org/ways-we-help/covid-19-information/.</p> <p>PCOA is excited to announce that with the support of the City of Tucson, they are expanding the grocery shopping program. This program is currently administered by Pima Council on Aging and sub-contracted to Lutheran Social Services of the Southwest. For clients to qualify, they must be 60 years of age or older, make under 200% of the federal poverty level (\$25,520/year/person), and be in need of assistance with grocery shopping. Clients can contact Pima Council on Aging to sign up by calling (520) 790-7262 OR by emailing help@pcoa.org.</p>
<p>Other Arizona Agency on Aging</p>	<p>An Area Agency on Aging (AAA) is a public or nonprofit private agency that helps older Arizonans. They offer information on programs, options, and community supports for older Arizonans.</p> <ul style="list-style-type: none"> • Maricopa County - (602) 264-2255 • Pima County - (520) 790-7262 • Apache, Coconino, Navajo, and Yavapai Counties - (877) 521-3500 • La Paz and Yuma Counties - (928) 217-7114 • Mohave County - (928) 753-7038

	<ul style="list-style-type: none"> • Pinal and Gila Counties - (800) 293-9393 • Cochise, Graham, Greenlee and Santa Cruz Counties - (520) 432-2528 • Navajo Nation - (928) 871-6869 • Inter-Tribal Council of Arizona - (602) 258-4822 <p>The Arizona Commodity Senior Food Program (CSFP) is a federally funded food distribution program that provides a once a month food package to people 60 years of age or older. More at Arizona Commodity Senior Food Program</p> <p>Eldercare Locator - A public service of the U.S. Administration on Aging connecting you to services for older adults and their families that can be reached at (800) 677-1116</p> <p>Auto Insurance - https://consumerfed.org/press_release/report-card-to-date-on-the-6-5-billion-promised-to-auto-insurance-customers-as-people-drive-less-due-to-covid-19/</p> <p>The primary purpose of the Long-Term Care Ombudsman Program is to identify, investigate and resolve complaints made by or on behalf of residents of nursing homes, assisted living facilities, and adult foster care homes. More at Long-Term Care Ombudsman Program</p>
National Suicide Prevention	1-800-273-8255
Scams	<p>Federal Trade Commission- Submit a complaint for scams or selling of fraudulent products https://www.consumer.ftc.gov/blog/2020/02/coronavirus-scammers-follow-headlines</p> <p>https://www.ssa.gov/news/press/releases/2020/#3-2020-3</p>
Travel to U.S.	<p>Message from Department of State: reminder/request to help ensure that constituents overseas who have registered with STEP (https://step.state.gov/) update their registration if their location, contact details, or other information changes from the time of their initial registry. This is to ensure that State remains able to quickly reach everyone who is interested in repatriating.</p> <p>Suspension of Entry as Immigrants and Nonimmigrants of Certain Additional Persons Who Pose a Risk of Transmitting 2019 Novel Coronavirus - https://www.whitehouse.gov/presidential-actions/proclamation-suspension-entry-immigrants-nonimmigrants-certain-additional-persons-pose-risk-transmitting-2019-novel-coronavirus/</p>

<p>- Airlines</p>	<p>Country Specific Information - https://travel.state.gov/content/travel/en/traveladvisories/COVID-19-Country-Specific-Information.html</p> <p>American Airlines - https://www.aa.com/i18n/travel-info/coronavirus-updates.jsp</p> <p>Delta - https://news.delta.com/delta-evaluating-europe-flights-helping-customers-return-us-after-coronavirus-travel-directive</p> <p>United Airlines - https://www.united.com/ual/en/us/fly/travel/notices.html</p> <p>Alaska - https://www.alaskaair.com/content/advisories/travel-advisories?int=AS_HOMEADVISORY_-prodID:Awareness</p> <p>Lufthansa - https://www.lufthansa.com/xx/en/flight-information.html</p> <p>Air France - https://www.airfrance.co.uk/GB/en/common/page_flottante/hp/news-air-traffic-air-france.htm?_ga=2.151355582.620657880.1584376027-984197261.1584376027</p> <p>KLM - https://www.klm.com/travel/gb_en/prepare_for_travel/up_to_date/flight_update/index.htm</p> <p>CBP's Office of Field Operations – https://twitter.com/CBP, https://twitter.com/CBPArizona</p>
<p>- Ports</p>	<p>COVID-19 Related Travel Restrictions across the U.S. Borders with Canada and Mexico</p> <ul style="list-style-type: none"> • The United States will temporarily limit inbound land border crossings from Canada and Mexico to “essential travel”. • This action does not prevent U.S. citizens from returning home. • These restrictions are temporary and went into effect on March 21, 2020. They will remain in effect through 11:59 pm on September 21, 2020. This decision has been coordinated with the Governments of Mexico and Canada • Read more here.
<p>- Trusted Travel</p>	<p>U.S. Customs and Border Protection will temporarily suspend operations at Trusted Traveler Program enrollment centers until at least September 8, 2020.</p>

<p>Unemployment Benefits</p>	<p>Employer Resources - Employers experiencing a slowdown in their businesses or services as a result of the coronavirus impact on the economy may apply for the UI Shared Work Program. This program gives employers an alternative to layoffs and allows the retention of trained employees by reducing their hours and wages that can be partially offset with UI benefits. Visit Arizona Shared Work Program to learn more..</p> <p>Employee Resources - You must apply online at https://des.az.gov/services/employment/unemployment-individual. If you don't have a computer, you may visit a One-Stop Center or DES Employment Service office resource center (access to computers is available free of charge). Staff at the One-Stop Centers or DES Employment Service office can help with the online application. Staff at those offices can also provide information about the other services available to help you find employment. To find a One-Stop Center or DES Employment Service Office, visit the Arizona Job Connection web site or call (602) 542-2460.</p>
<p>Utilities & Other Essentials</p>	<p>Arizona Public Service (APS) - If you need assistance paying your bill, APS offers a number of programs that can help. Learn more at aps.com/support or call at 602-371-7171 (800-253-9405)</p> <p>AT&T</p> <p>Century Link will waive all late fees and not turn off anyone's service - https://news.centurylink.com/covid-19</p> <p>Cox is relaxing data overage fees - https://newsroom.cox.com/Cox-response-to-virus</p> <p>Progressive - https://www.progressive.com/support/covid19/</p> <p>Southwest Gas - Southwest Gas is immediately starting a temporary moratorium on natural gas disconnections for non-payment that is in effect until further notice. For more, visit https://www.swgas.com/en/home or call (877) 860-6020</p> <p>Sprint</p> <p>SRP Utility - Suspending power shutoffs for non-payment and waiving all late payment fees. More information at https://www.srpnet.com/about/customer-assistance.aspx. If anyone is having difficulty paying their electric bill for any reason, we encourage them to notify SRP as quickly as possible to make arrangements that can help. Customer service center is open 24/7, 365 days a year, at (602) 236-8888</p> <p>T-Mobile</p>

	<p>Tucson Electric Power (TEP)– Offering payment extensions or enrollment in short-term assistance and bill discount programs. TEP is also suspending service disconnections and late fees until further notice. For more, visit https://www.tep.com/covid-19/ or call (520) 623-7711.</p> <p>Tucson Water <u>will not disconnect</u> potable water service for non-payment. Those currently disconnected will be re-connected. Customers will be responsible to pay for all water service received during this time and should continue to make payments of their Utility Services Bill to avoid higher bill later. For updates, visit https://www.tucsonaz.gov/water/tucson-water-covid-19-preparedness or call (520) 791- 3242.</p> <p>Verizon</p> <ul style="list-style-type: none"> • Will waive overage charges and late fees to support customers who may be financially affected by the COVID-19 crisis • Announces two months waived internet and voice service charges for current Lifeline customers and new affordable internet option for low-income households • Adds 15GB of high speed data for wireless consumer and small business customers to be automatically applied with no customer action necessary • Verizon provides first responders with priority and preemption abilities for voice and data • Consumer and small business Fios and DSL broadband internet plans have no data caps <p>Waste Management (WM) – Standard Operations. For updates, visit https://www.wm.com/us/en/myhome or call (520) 744-2600.</p>
Veterans	<p>Veterans, if you have flu-like symptoms such as fever, cough and shortness of breath, call the VA Desert Pacific Healthcare Network (VISN 22) Nurse Advice Line at 1 (877) 252-4866 before you visit your local medical center or community clinic. In addition to calling first, consider using virtual care options such as telehealth or My HealthVet Secure Messaging. Visitors, if you do not feel well, please postpone your visit. Read VA’s latest information on the new coronavirus at https://www.publichealth.va.gov/n-coronavirus/.</p> <p>Crisis Line - Call the Veterans Crisis Line at 1-800-273-8255 and Press 1, send a text message to 838255, or chat online.</p>

Southern AZ **Tucson VA** Health Care System – All visitors and patients who enter the Tucson VA Medical Center or community-based outpatient clinics (CBOCs) will be screened for COVID-19 symptoms. To view a map of the COVID-19 Screening locations at the Tucson VA Medical Center visit <https://www.tucson.va.gov/docs/COVID19Map.pdf>. For more information, please visit <https://www.tucson.va.gov/> or call (520) 792-1450.

The Southern Arizona VA Health Care System (**SAVAHCS**) will be closing off all outlying buildings and administrative lobbies at the main Tucson VA Medical Center until further notice. Veterans can access the following administrative services via telephone:

Billing information 520-792-1450 extension 1-5487

Care in the Community Office 520-792-1450 extension 1-6555

Eligibility and Enrollment 520-792-1450 extensions 1-6572 or 1-4152

Patient Advocate 520-629-4933

Privacy Office 520-792-1450 extension 1-4347

Patient Travel Claims Office 520-792-1450 extension 1-4713

The **VA Patient Transportation and Disabled American Veteran (DAV) transportation** services will still be open in Building 81. Veterans are encouraged to call before visiting the building 81 lobby for transportation services. VA Patient Transportation 520-792-1450 extension 1-4626 or DAV Travel at 520-792-1450 extension 1-6565.

The **Tucson VA Optical Shop** located in the lobby of Building 80 will be closed until further notice.

Veterans can contact our main number at 520-792-1450 or 800-470-8262 and ask to be connected to any of our services or clinics.

Phoenix VA Health Care System - <https://www.phoenix.va.gov/> or call (602) 277-5551.

Phoenix VA Regional Office - The Phoenix VA Regional Office is closed to the public starting March 19, 2020.

- VBA will continue to process claims but will not accept in-person visits for claims assistance, vocational rehabilitation counseling, or other services, except through telephone or, for vocational rehabilitation, VA Video Connect.
- VA's official information bulletins, including regional office (RO) operations, are posted at www.va.gov. You may contact us via the Inquiry Routing & Information System (IRIS) at <https://iris.custhelp.va.gov/> or by telephone at 1-800-827-1000. You also may follow on Facebook (@VeteransBenefits) and Twitter (@VAVetBenefits).
- To schedule a telephone appointment with a member of the Veterans Service Center Public Contact Team, Veterans should access the appointment link at the Phoenix Regional Office website and select (schedule an appointment).

Phoenix RO Website: <https://www.benefits.va.gov/phoenix/>

GI Bill and Monthly Housing Allowance - https://www.facebook.com/gibillEducation/posts/10156878366516615?_tn=-R.

Also, Latest info on school closures: School closes – discontinues training all students – If the educational institution has closed due to COVID 19, affected students will continue to receive their MHA until the end of the term or 4 weeks (28 days) from the date of the closure. When this occurs, the educational institution does not need to submit enrollment adjustments for the current term.

All U.S. Department of Veterans Affairs (VA) national cemeteries are open and will continue to provide interments for Veterans and eligible individuals. However, effective March 23 - as part of the agency's response to the coronavirus (COVID-19) - committal services and the rendering of military funeral honors will discontinue until further notice

Additional Resource: VA [FAQ](#) on COVID-19.